









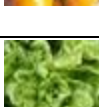
















## Vegetables & Herbs


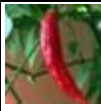




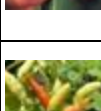
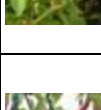



There is nothing better than home grown vegetables and herbs from a window planter or to start a backyard garden. Try giving a salad container or hanging herb basket as a house warming gift.

Our vegetable & herbs selection varies, so we may not have all the varieties available. Please call to confirm availability if there is a particular fern you are interested in.

Index of pepper piquancy \*\*\*\*\*Hot ~\*Mild

	Solanum melongena cv. 'Dusky' <b>Eggplant 'Dusky'</b>	Disease resistant hybrid eggplant that produces 6.5" glossy black oval fruit. Harvested in 63 days.
	Solanum melongena 'Black beauty' <b>Eggplant 'Black Beauty'</b>	A large oval dark purple fruit that can be harvested earlier compared to other varieties. Grows 24" - 36" .
	Solanum melongena 'Long purple' <b>Eggplant 'Long Purple'</b>	12" x 2.5" dark purple fruit is flavorful and tender.
	Solanum melongena 'Little finger' <b>Eggplant 'Little Finger'</b>	Long and slim 6" to 8" dark purple fruit. Spineless plant producing clusters of 3 to 6 fruits.
	Solanum melongena 'Green' <b>Eggplant 'Green'</b>	Produces 10"-12" green fruits. Does well in hot weather and during rainy seasons. Starts to fruit 30 days after transplanting.
	Solanum lycopersicum var. cerasiforme <b>Cherry tomato</b>	Smaller variety and popular in salads and as a snack. More sour than standard tomatoes.
	Solanum lycopersicum ' <u>Beefsteak</u> ' <b>Tomato 'Beefsteak'</b>	One of the largest varieties of cultivated tomatoes. Most are pink or red, popular for sandwiches and salads.
	Solanum lycopersicum 'Roma' <b>Tomato 'Roma'</b>	A red or pink plum shaped fruit good for making sauces. Plants grow 4' tall.
	Solanum lycopersicum 'Supersteak' <b>Tomato 'Supersteak Hybrid'</b>	Producing up to 2 lb fruits. Smooth skin and a meaty texture perfect for sandwiches. Plants grow 5' tall.
	Solanum lycopersicum 'Sunsugar' <b>Tomato 'Sunsugar'</b>	A medium sized, orange ripening cherry tomato, with thin crack resistant skin. A single plant often bearing hundreds of fruits in one season. Grows to 6-7' tall.
	Lactuca sativa 'Manoa' <b>Lettuce 'Manoa'</b>	A compact semi-heading lettuce. This heat tolerant variety is popular in Hawaii.
	Lactuca sativa 'Anuenue' <b>Lettuce 'Anuenue'</b>	Grows 6"-8" in height. Resembles a crisp head lettuce with bright glossy green leaves. Heat tolerant.

	Lactuca sativa 'Bistro salad mix' <b>Lettuce 'Bistro Salad Mix'</b>	A gourmet blend of many leaf types and colors with shades of green, red, and bronze.
	Lactuca sativa 'Crunchy' <b>Lettuce 'Crunchy'</b>	A light leafy lettuce with a similar texture to Manoa lettuce.
	Allium fistulosum <b>Green Onion</b>	Mild flavor. Leaves can be used raw in soup, salads, sauces, and/or garnish.
	Allium schoenoprasum <b>Chives</b>	Leaves are used for condiments on potatoes. It repels insects and can be used in gardens. It's a bulb-forming herb and grows up to 20" tall.
	Rosmarinus officinalis <b>Rosemary</b>	Form range from upright (5'tall) to trailing. It's attractive and tolerates drought, also used in landscaping. It's extremely high in calcium, iron, and Vitamin B6.
	Ocimum basilicum <b>Basil 'Spicy / Sweet / Boxwood / Purple / Lemon'</b>	Grows 18" to 30". Leaves can be used fresh or dried to add flavor.
	Origanum vulgare <b>Oregano 'Italian / Hot / Spicy'</b>	Grows up to 32". Leaves are used in cooking. Dried leaves are often more flavorful than fresh.
	Thymus vulgaris <b>Thyme 'English / Lemon'</b>	Good source of iron. It doesn't overpower but blends well with other spices, can be used fresh or dried. It is the medicinal, main active ingredient in Listerine mouthwash.
	Mentha <b>Mint</b>	Mint can be very invasive, best grown in containers. It has a pleasant smell and taste. Leaves are used in jelly, drinks, medicine, soap, toothpaste, and more.
	Petroselinum crispum <b>Parsley 'Curly / Italian'</b>	Often used as a garnish. Widely used as a companion plants in garden. Pregnant women should not take parsley because of possible uterotonic effects.
	Coriandrum sativum <b>Cilantro</b>	Whole plant is edible but leaves and seeds are commonly used in cooking. Grows up to 20" tall. The seeds have a lemony citrus flavor when crushed.
	Salvia officinalis <b>Sage</b>	It's a natural source of estrogen and also helps with menopausal symptoms. Grows 2.5'H x 2' W.
	lavendula <b>Lavender</b>	Used fresh or dried. Grows up to 10" x 10". Can be used landscaping, cooking, and sachet.

	Melissa officinalis <b>Lemon Balm</b>	Leaves have a mild lemon scent. It's often used to flavor ice cream and herb teas. Crush the leaves and rubbed on skin. It can be used as a mosquito repellent.
	Capsium 'Aji Colorado' <b>Pepper 'Aji Colorado'</b>	** This pepper is used fresh in salsa or salads. Plant height reaches to 24" with a medium sized pepper(4" to 6") changing from green to red.
	Capsium 'Bell' <b>Pepper 'Bell '</b>	*Green, red, yellow and orange, green bell peppers are considered to be less sweet and more on the bitter side as opposed to the red, yellow, and orange.
	Capsium 'Cayenne' <b>Pepper 'Cayenne'</b>	***A hot red pepper used to flavor dishes and also for medicinal purposes. Grows up to 4' tall. Cayenne is the active ingredient in mase and it also improves blood flow.
	Capsium 'Cubanelle' <b>Pepper 'Cubanelle'</b>	***A 4" to 6" sweet pepper that is light yellowish green when unripe and turns bright red when ripe. Unlike bell peppers, it has a thinner flesh and is longer and a little more wrinkly.
	Capsium 'Habanero' <b>Pepper 'Habanero'</b>	*****It's one of the hottest peppers that has a fruity, citrus like flavor. Peppers grow up to 2.5" and have colors of green (unripe), but also orange, red, white, brown, and pink (mature).
	Capsium 'Hawaiian' <b>Pepper 'Hawaiian'</b>	***A green, yellow to red fruit 1" to 1.5" long. Slightly hot pepper and used in making chili water (Ingredients: water, vinegar, white Hawaiian salt, hot peppers, and herbs such as rosemary )
	Capsium 'Kung Pao' <b>Pepper 'Kung Pao'</b>	*****Another variety of hot pepper, produce peppers 4" to 6" long and green at first then turns to bright red. The height of plant reaches to 48" and famous for being in a dish called "Kunp Pao Chicken".
	Capsium 'Jalapeno' <b>Pepper 'Jalapeno'</b>	***Grows up to 3' and produce 2" to 3.5" peppers. It's commonly eaten green but when red, used for the production of the chipotle. For some people, handling fresh jalapeno can cause irritation to skin.
	Capsium 'Super chili' <b>Pepper 'Super Chili'</b>	****This colorful, fiery hot pepper is about 2.5" long. Actual plant grows to 5" high. It can be used as container or border plants.
	Capsium 'Sweet yellow' <b>Pepper 'Sweet Yellow'</b>	*It has thick walls and very sweet. Attracts butterflies, birds, and bees. Plant grows up to 18" in height and peppers grow up to 6" long. This pepper is sweeter to eat in earlier stage before turning to red.